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To whom it may concern,

I have experienced and learned the Pessco Boyden System Psychomotor (PBSP) over fifteen years and have integrated it into my clinical work and teaching of psychotherapy. PBSP makes, in my opinion, a unique contribution to the process of psychotherapy by allowing clients to reexperience and satisfy unmet emotional needs from childhood. It uses people's symbolic capacity in a way that is health promoting and makes a profound impact on their emotional development.

In my own professional sphere I have worked and written about families and family therapy. Although PBSP has an individual emphasis, I consider it applicable within an integrative systems approach. Furthermore, its focus on working through traumatic memories by using internal symbolic processes can expand and deepen systems oriented work with interpersonal family processes.

In light of my experience I would warmly endorse proposals to expand the application of PBSP. The Psychomotor Institute, a not-for-profit organization, is an important tool in this respect which is worthy of support by foundations that seek to promote research in mental health and the development of innovative services.

Sincerely,

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Clinical psychologist and supervisor